

# An Introduction to Evidence-Based Practices

What Early Intervention Practitioners Need to Know



## What are Evidence-Based Practices?

Evidence-Based Practices (EBPs) are research based findings that are implemented into every day professional practices. EBPs are everywhere!

An example of an evidence-based practice might include universal precautions or infection control for professionals in the medical field.

## Why are EBPs important in Early Intervention?

EBPs are important because research tells us (professionals, caregivers, and parents) these approaches have resulted in positive outcomes for children, who may have developmental delays or disabilities, and their families.

## Can you tell me more about EBPs?

Division for Early Childhood (DEC) developed a resource guide describing EBPs to professionals in the field of early intervention and early childhood special education. The guide has undergone a number of updates and revisions. The current version organizes the practices into 8 categories.

Family	Teaming & Collaboration	Instruction	Interaction
Environment	Assessment	Transition	Leadership

## Where can I find more information?

[DEC Recommended Practices](#) (Resource Guide)

[DEC Recommended Practices - Online Edition](#) (ECTA).

[Practice Improvement Tools](#) (ECTA).

[Evidence-Based Practices in NJEIS: Striving to Improve Social Emotional Development Webinar](#)

*You will need your NJEIS Blackboard login to access this webinar*

The NJEIS has identified four EBPs as the focus of the State Systemic Improvement Plan (SSIP).

Family 6	Interaction 2
Teaming & Collaboration 2	Instruction 13

### References

[Division for Early Childhood](#). (2014). DEC recommended practices in early intervention/early childhood special education 2014. <http://www.dec-sped.org/recommendedpractices>

