

MENTAL HEALTH RESOURCES

RESOURCE	TOWNS/COUNTIES	CONTACT INFO
NJ Hope & Healing https://www.mhanj.org/njhope/	STATEWIDE	For more assistance during COVID-19 please call 866-202-HELP (4357) 8am to 8pm, 7 days a week
Family Service Bureau of Newark https://njmentalhealthcares.comunities.org/zf/profile/agency/id/85009	Essex, Bergen, Hudson and Passaic counties	Mon to Fri: 9:00 am – 5:00 pm 973-272-7488 OR email: FSBNJHH@newcommunity.org
Summit Oaks Hospital https://summitoakshospital.com/	Call for more info	1-800-753-5223 Contact 24/7
Kwenyan Professional Health Services, LLC https://www.kwenyanprohealth.org/	Essex - 973-672-6900 Union - 908-516-2336 Warren - 908-777-3754	908-516-2336 908-516-2338 908-473-9937
Family Helpline	Call for more info	1-800-THE-KIDS (843-5437)
Acute Care Family Support Mental Health Association of Essex & Morris https://www.mhaessexmorris.org/	Essex, Morris counties	973-509-9777 Main Office 33 South Fullerton Avenue Montclair, NJ 07042
National Alliance on Mental Illness https://www.nami.org	Call for more info	Call NAMI Helpline 1-800-950-NAMI (6264) Or in a crisis - Crisis Text Line Text “NAMI” to 741741
Mount Carmel Guild Behavioral Healthcare Catholic Charities of the Archdiocese of Newark	Essex County	(973) 596-4190 1-(800) 227-7705 Monday to Friday, 9:00am - 5:00pm
Irvington Counseling Center, Inc.	Essex County	973-399-3132 Please call to check hours of service
Mental Health Association in New Jersey Union County	Union County	(973) 571-4100, Ext. 116 Union County Office 88 Pompton Avenue, Verona, NJ 07044
Rutger’s University Behavioral Health Care	Essex County	(973) 972-6100 183 South Orange Avenue Newark, NJ 07103
Rutger’s University Behavioral Health Care North	Morris County	(732) 235-4422 667 Hoes Lane West Piscataway, NJ 08855
Easter Seal Society of N.J https://www.easterseals.com/nj/our-programs/	All Counties	(732) 257-6662
New Jersey Mental Health Cares https://www.njmentalhealthcares.org/	All Counties	1-(866) 202-HELP (4357)